

SCHOLARSHIP

HEART FRIENDS AROUND THE WORLD

May 17-23 2010, San Pellegrino Terme, Bergamo, ITALY

With the sponsorship of the Lombardy Region of Italy

PRELIMINARY PROGRAM

Saturday May 15, Sunday May 16

Arrivals of the Cardiologists in San Pellegrino Terme, Bergamo, Italy

Accommodation at the Central Hotel, where the participants will have full board until Saturday May 22

Free time for visiting characteristic places of Bergamo and Brembana Valley.

Monday May 17

09.00 am - *Presentation of the scholarship program at the Auditorium of the “Casa di Cura Dr. Quarenghi” Cardiac Rehabilitation Center.* Dr. Flavio Burgarella, Head of the Cardiac Rehabilitation Centre and Founder and Executive Director of Heart Friends Around the World; Michelle Quarenghi, General Manager of the “Casa di Cura Dr. Quarenghi” in San Pellegrino Terme, Bergamo, Italy

10.00 am - *Prevention Cardiology in Lombardy.* Dr. Walter Locatelli, General Director at ASL Milan, Italy

10.30 am – *Mouth, Teeth and Heart.* Prof. Alberto Baldini, Stomatology, University of Milan Bicocca, Italy.

11.00 am - *“In contact with the patient”: the practical approach in the cardiac rehabilitation department*

12.30 pm - Lunch

03.30 pm - *SYMPOSIUM OF CARDIOLOGY*

The organization of a highly specialized Department of Cardiology in Italy. A general overview on heart failure. Dr. Antonello Gavazzi, Head of the Primary Cardiology Division at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

The treatment of heart failure in 2010: new prognostic indicators. Dr. Michele Senni, Head of the Cardiovascular Medicine Division at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

Electric therapy in the modern treatment of heart failure. Dr Francesco Cantù, Head of the Electrophysiology Unit of the Cardiovascular Department at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

07.30 pm - Dinner

Tuesday May 18

09.00 am - *Physical activity for cardiac rehabilitation in the gymnasium of the cardiac rehabilitation center.* Chiara Sonzogni, “Casa di Cura Dr. Quarenghi”, San Pellegrino Terme, Bergamo, Italy

10.00 am - *Visit to the clinical department of ergometry and echocardiography of the rehabilitation center.*

11.00 am - *Theoretical lesson on the principles of Cardiac Rehabilitation and on how to set up cardiac rehabilitation centers in sub-Saharan Africa. Availability of Heart Friends to implement this activity on field.* Flavio Burgarella, Founder and Executive Director of Heart Friends Around The World.

12.30 pm - Lunch

03.30 pm - *SYMPOSIUM ON VASCULAR SURGERY*

The vascular surgery in 2010: introduction and historical notes. Dr Luigi Aiazzi, Head of the Vascular Surgery Department at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

Prosthesis and vascular surgery: a comparison in the pathology of carotid, aorta and peripheral arteries. Staff of the Vascular Surgery Department at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy:

04.00 pm - *The carotid artery pathology.* Dr. Cosimo Maraglino

05.00 pm - *The aortic pathology.* Dr. Cristina Ricucci

06.00 pm - *The lower limb arteriopathy obliterans pathology.* Dr. Riccardo Gotti

07.30 pm - Dinner

Wednesday May 19

9.00 am - *Physical activity for pulmonary rehabilitation in the gymnasium of the cardiac rehabilitation center.* Chiara Sonzogni, “Casa di Cura Dr. Quarenghi”, San Pellegrino Terme, Bergamo, Italy

10.00 am - *Theoretical lesson on the principles of pulmonary rehabilitation.* Dr. Ferdinando Cesari, responsible for the Department of Pulmonary Rehabilitation, “Casa di Cura Dr. Quarenghi”, San Pellegrino Terme, Bergamo, Italy

10.30 am - *Visit to the Vascular Ecography Department of the cardiac rehabilitation center*

11.30 am - *Assistance during the visit at the patients: doctor-patient relationship during cardiac rehabilitation*

12.30 pm - Lunch

03.30 pm - *SYMPOSIUM ON CARDIAC SURGERY*

Organization of a highly specialized Department of Cardiac Surgery. Surgical techniques for the treatment of heart failure. Dr. Paolo Ferrazzi, Director of the Cardiovascular Department and Head of the Cardiac Surgery Division at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

Pediatric Cardiology as seen by one of its pioneers. Prof Lucio Parenzan, Founder and Director of the International Heart School

Experience of cardiac surgery in Africa. Dr. Gian Carlo Crupi, Surgeon in Pediatric Heart Surgery at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

07.30 pm - Dinner

Thursday May 20

09.00 am - *Physical activity for the rehabilitation of the arteriopathy obliterans of the lower limbs in the gymnasium of the cardiac rehabilitation center.* Chiara Sonzogni, “Casa di Cura Dr. Quarenghi”, San Pellegrino Terme, Bergamo, Italy

10.00 am - *A practical lesson of health education for the patients.*

11.00 am - *Nuclear medicine in the cardiologic evaluation: stress myocardial scintigraphy.* Dr Giuseppe Medolago, Nuclear Medicine Department, “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

12.30 pm - Lunch

03.30 pm - *SYMPOSIUM OF INTERVENTIONAL CARDIOLOGY*

The organization of a modern interventional Cardiology in the Province of Bergamo. The treatment of acute myocardial infarction. Dr. Orazio Valsecchi, Head of the Hemodynamics and

Interventional Cardiology Division of the Cardiovascular Department at “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

Imaging in interventional cardiology. Dr. Giulio Guagliumi, Research Cardiologist at the Cardiovascular Department “Ospedali Riuniti di Bergamo” General Hospital, Bergamo, Italy

07.30 - Dinner

Friday May 21

08.00 am - *Departure by bus to the “Ospedali Riuniti di Bergamo” General Hospital for the visit to the Departments of Cardiology, Coronary Unit, Hemodynamics, Cardiac Surgery and Cardiovascular Medicine, where their respective Heads will illustrate their activities.*

12.30 pm - Lunch in a typical restaurant of Bergamo

03.30 pm - *Guided tour in the Old City, the artistic heritage of Bergamo.* Organized by Claudia Lazzaroni, Secretary of Heart Friends Around The World.

06.30 pm - Return to San Pellegrino Terme

07.30 pm - Gala Dinner with the participation of speakers and members of the Lombardy Region, the Province of Bergamo, the Municipality of Bergamo, the Mountain Community of Brembana Valley and the Municipality of San Pellegrino, who gave the patronage to the initiative.

Saturday May 22

09.00 am - Bus transfer to the Burgarella farm located in Bianzano and Spinone al Lago, Bergamo. Visit to the headquarters of Heart Friends Around The World and Telehealth.

11.00 am - *Participation in a fitness trail to promote physical activity in rural areas. The model of a Healthy Farm.*

12.30 pm - Lunch in the Burgarella farm.

03.30 pm - *Lecture on the promotion of the spiritual dimension in medicine.* Dott. Flavio Burgarella, Founder and President of Telehealth.

06.00 pm - Return to San Pellegrino

07.00 pm - Dinner

Sunday May 23

Return to Africa